



BISD CHILD NUTRITION

September

NEWSLETTER



SFE in partnership with Boerne ISD

Outline

1. IMPORTANT UPDATES

- Mobile Ordering- Mobile ordering date set for Elementary Campuses!

2. NEWS

- Breakfast- Benefits and what we offer!

3. RECENT EVENTS

- Back-to-school pictures
- Menu Promotions

4. UPCOMING EVENTS

- Pep Rally Breakfast Food Trailer (both High Schools)
- Fall Farmer's Market!
- National Pancake Day





Important Updates



Mobile Ordering

Online ordering through Nutrislice will be available for all elementary campuses starting Wednesday, September 21st.

Please update your Nutrislice account with your student's current grade level to assist our staff fulfilling reading tickets.

Thank you!

SFE to GO

Try SFE to Go

for a custom, home-packed lunch in moments.

- > Download the Nutrislice app.
- > Customize a 4-item lunch "Power Pack"—just the way your child likes it.
- > Your child picks up lunch in a snap.

Power Pack
A custom combination of fresh fruits, vegetables, proteins and whole grains.

Serving Size: 1
Calories: 355

Total Fat: 8g
Cholesterol: 50mg
Sodium: 1053mg

nutrislice



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What are the Benefits of School Breakfast?

Nutritious school breakfast is offered daily in the cafeteria!

Why not take advantage of it?

Eating a balanced breakfast before school is encouraged and students will feel energized & more focused if they eat breakfast before class.

Most individuals struggle to meet the daily recommended fruit, vegetable, and fiber intake.

Eating breakfast is another chance to take in added nutrients you'll need for the day!

STRONGER WITH SCHOOL BREAKFASTTM



School breakfast is shown to provide about...



48%
OF THE FRUIT



40%
OF THE DAIRY FOODS



30%
OF THE WHOLE GRAINS

students need for the entire day.

Based on the School Nutrition and Meal Cost Study, 2019



HOW DOES SCHOOL BREAKFAST HELP FAMILIES?



Fuels learning

Kids and teens can concentrate on their schoolwork better when they're not hungry. Studies show that kids do better in school when they eat breakfast.



Provides better nutrition

Studies show that people who eat breakfast have higher intakes of dietary fiber, B vitamins, calcium, iron, and other nutrients.

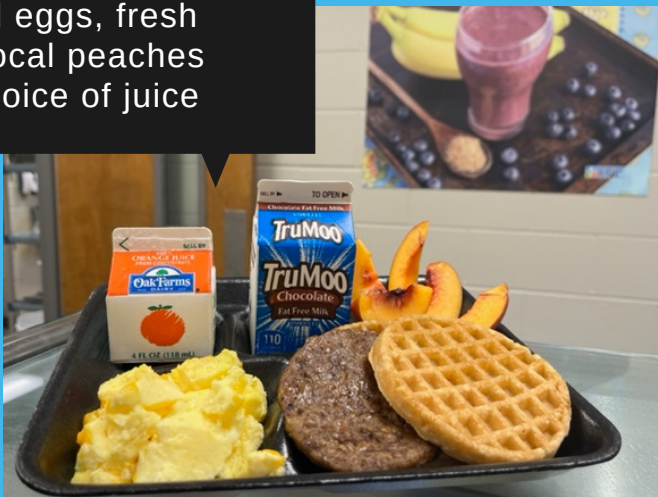


Saves time

School breakfast can simplify mornings for families by offering kids and teens healthy options that fit into their schedule.

BELOW IS AN EXAMPLE OF A REIMBURSABLE MEAL

Students are offered a whole grain waffle, turkey sausage patty, scrambled eggs, fresh fruit of choice (local peaches here) and the choice of juice and milk!



Successful Events

We recently tested out a new Entree at our high schools! The Southwest Stacker was a hit and will be back on the menu each month!

New Entree Alert!

SOUTHWEST CHICKEN STACKER

WEDNESDAY, SEPTEMBER 7TH

TRY A

Spicy Chicken Sandwich on a Jalapeno Cheddar Bun topped with Pico De Gallo & Chipotle Mayo

Chips included



@ Herff ES their lunch line is colorful & ready for the kids to pick up their fruits and veggies!



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Successful Events

August was National Peach month. Here are a few pictures of the promo for peaches!

August is
National
Peach Month!

Fuel up with a

*Banana Peach
Smoothie*

For Breakfast!

August 17th in the
Campus Cafe



Voss Middle School
Prepped slices of
Fresh Local Texas
Peaches for students
to try!



Peach smoothies
at BHS for breakfast



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High School Coffee Bar



CHS & BHS COFFEE BARS ARE OPEN!



They offer a variety of cold and hot drinks, as well as breakfast goods, and a la carte items!



Stop by and enjoy a cup of joe during breakfast meal service!

**Expanded hours available in the future



COFFEE DRINKS

Brewed Hot Coffee

Iced Coffee

ESPRESSO DRINKS

Cappuccino

Caffé Latte

Americano

Cold Coffee Drinks

Mocha Chiller

Vanilla Chiller

BAKERY ITEMS

A la Carte options available for purchase



Small (8oz):
\$2.25
Medium (12oz):
\$2.50

Latte Small (8oz): \$2.50
Latte Medium (12oz): \$3.00
Americano Small (8oz): \$2.25
Americano Medium (12oz): \$2.50

Small (8oz):
\$2.75
Medium (12oz):
\$3.25

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12:46 pm



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Upcoming Events

PEP RALLY BREAKFAST

TACO TRUCK

9/16-BHS

9/23-CHS

FALL FARMERS MARKET @
FABRA ES 9/27, VOSS MS 9/30,
KENDALL ES 10/5

NATIONAL PANCAKE DAY 9/26

THE TACO TRUCK RETURNS... FOR BREAKFAST!

BACON, EGG, CHEESE & POTATO
BREAKFAST TACOS
(2 EACH)
FRESH FRUIT AND MILK AVAILABLE

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Events

BISD CATERING



Do you need catering for your parties, training or Fundraisers?

We can accommodate your catering or event with our food trailer!
This is a fun and interactive way to serve guests at your event.
Please ask us about the trailer and how to secure it for your next catering!

All the proceeds from these events go directly to funding the BISD Child Nutrition Program! This means profits stay within the district and the students benefit from this!



For more information, please email cont.robert.gamboa@boerneisd.net or call at 830-357-2165



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Additional Information

HOW TO PAY FOR MEALS

For your convenience, meal accounts may be paid with your credit card by paying online. Please visit the Boerne ISD website at www.boerneisd.net. Click on Departments to find Child Nutrition. Click on Cafeteria Accounts in the side bar. The link to pay online is called "Lunch Money Now."

You will need your child's student ID number, Date of Birth, and the last 4-digits of their Social Security number to gain access to your child's meal account. If you experience difficulty with the website, please feel free to call the Child Nutrition Office at 830-357-2165 and we will be happy to assist you.



Students and parents can view menus, and rate/review recipes using the app Nutrislice or by visiting: the Nutrislice Website <https://boerne-isd.nutrislice.com/>

Our online/To-go ordering is currently available at our elementary campuses!

Make sure to:

- Download the Nutrislice app from the App Store.
- Choose your district, then select from the available menu options.
- View menus





Have Questions or need more detail?

**Call the BISD Child Nutrition Team at
830-357-2165**

or

**Send us an email using our Staff
Directory Information on the BISD
Child Nutrition Website!**



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