



NEWSLETTER

Week 21 1/22-26

CLASSROOM NEWS

Investigation: Where do people exercise?

Books: Yoga Adventure, Boogie in the Bronx, Head, Shoulders, Knees, and Toes

Alphabet Knowledge: Visual Features: U, J, C, O

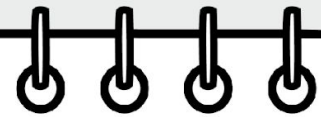
Heggerty (Phonemic Awareness): Week 18

Great 8/Capturing Kids Hearts: "Goal Directed Behavior"

Rainbow Rotations: Rainbow writing letters U, J, C, O
Motor Lab, dramatic play yoga studio and weight lifting gym, exploratory play (sharing/turn-taking), academic practice books (alphabet, shapes, colors, numbers, weather, seasons)

Discussion & Shared Writing: What are some places where people exercise? What things to places where people exercise have? Why do we have places to exercise?

Centers: dramatic play places to exercise, obstacle course, writing/creativity: draw pictures and write words, library: read books, fine motor activities, technology time.



EVENTS

JANUARY

25 SPIRIT STICKS SALE at lunches

26 All Pro Dads Meeting
7:00 am / Personal care donations DUE

29 Author Visit: Jessixa Bagley (PK 8-8:45)

31 Class GROUP Pictures (PK 8:00 am)

FEBRUARY

1 100th day of school!

5-9 National School Counseling Week

TO-DO

*Send pics of your child doing exercise (use SeeSaw; digital pics)

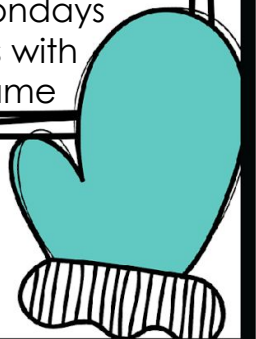
*Send at least 2 snacks and one water bottle every day

*Remember nap mats/bedrolls on Mondays

*label all items with your child's name

REMINDERS

We still need **volunteers** to teach our students about **different types of exercise**. If you have a specialty: yoga, jiu jitsu, karate, weightlifting, running or marathons, tai chi, bicycling, aerobics, etc and you'd be willing to demonstrate and/or discuss with the students, please send me a message. This week the best times for presentations are between 8:15-8:45 or 2:00-2:30 (except for Tuesday afternoon; we have library).



Tai Chi Demonstration

Thank you Mr. Tao and the Tang Family!

Thank you to Bethany's grandfather and parents for planning a tai chi demonstration and activities for our students last week on Thursday! The students enjoyed learning different sitting and standing positions and then practicing balance and movement using water, beans, and writing.

Thank you so much for sharing your knowledge and time with us!

