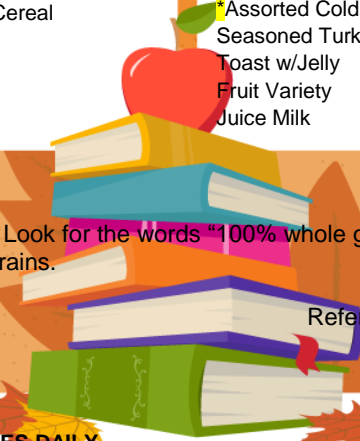


Students may choose 1 of these Entrees\*

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p><b>*LABOR DAY- NO SCHOOL*</b></p>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>*Glazed Cinnamon Roll</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Turkey Bacon Strip</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>*Dr. Seuss' Green Eggs &amp; Ham</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Turkey bacon Strip</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>*Pop-In Donut Holes</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereals</li> <li>Turkey Bacon Strip</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>*Friday's French Toast Sticks</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Seasoned Turkey Sausage Link</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>
<p><b>9</b></p> <ul style="list-style-type: none"> <li>*Country Sausage</li> <li>Breakfast Pizza</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Seasoned Turkey Sausage Link</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>*Homemade Pancakes</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>*Sunshine Breakfast</li> <li>Taco w/Turkey</li> <li>*Bacon, Potato, Egg</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>*Plain Bagel w/Cream Cheese</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>*Friday's French Toast Sticks</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Seasoned Turkey Sausage Link</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>
<p><b>16</b></p> <ul style="list-style-type: none"> <li>*Golden Waffles</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Seasoned Turkey Sausage Link</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>*Glazed Cinnamon Roll</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Turkey Bacon Strip</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>*Dr. Seuss' Green Eggs &amp; Ham</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Turkey bacon Strip</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>*Pop-In Donut Holes</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereals</li> <li>Turkey Bacon Strip</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>*Friday's French Toast Sticks</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Seasoned Turkey Sausage Link</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>
<p><b>23</b></p> <ul style="list-style-type: none"> <li>*Country Sausage</li> <li>Breakfast Pizza</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Seasoned Turkey Sausage Link</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>*Homemade Pancakes</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>*Sunshine Breakfast</li> <li>Taco w/Turkey</li> <li>*Bacon, Potato, Egg</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>*Plain Bagel w/Cream Cheese</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>*Friday's French Toast Sticks</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Seasoned Turkey Sausage Link</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>
<p><b>30</b></p> <ul style="list-style-type: none"> <li>*Golden Waffles</li> <li>*Yogurt Plate Parfait</li> <li>*Assorted Cold Cereal</li> <li>Seasoned Turkey Sausage Link</li> <li>Toast w/Jelly</li> <li>Fruit Variety</li> <li>Juice Milk</li> </ul>	<p><b>Nutrition Tip:</b></p> <p>September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.</p>			



Reference: USDA MyPlate

**BREAKFAST SIDES OFFERS ASSORTED FRUITS, JUICES, AND MILK VARIETIES DAILY**

**THE BREAKFAST MENU** Students must select 3-4 food items. Milk, juice, or fruit must be selected to qualify for a Reimbursable Meal.

Menu is subject to change and substitutions may occur due to availability of product, school schedule changes, early release days, holidays, and special promotions. The United States Department of Agriculture requires all schools participating in the federal child nutrition programs (NSLP and School Breakfast Program) to implement the regulations regarding the Healthy, Hunger Free Kids Act of 2010. To see more on the regulations, please visit [squaremeals.org](http://squaremeals.org). This institution is an equal opportunity employer.