

Monday

Tuesday

Wednesday

Thursday

Friday



*WG French Toast Sticks¹
 Sausage Patty OR *Assorted
 WG Cold Cereal /WG Toast

Fruit and Milk

*Staff development Day⁴

*Breakfast Pizza on WG Crust⁵
 OR *Assorted WG Cold
 Cereal w/WG Toast

Fruit and Milk

Sausage Patty on a WG⁶
 Biscuit OR *Assorted WG
 Cold Cereal w/WG Toast

Fruit and Milk

Eggs & Cheese Tacos OR⁷
 *Assorted WG Cold Cereal
 w/WG Toast

Fruit and Milk

*WG French Toast Sticks³
 Sausage Patty OR *Assorted
 WG Cold Cereal /WG Toast

Fruit and Milk

*WG Pancakes Sausage Patty¹¹
 OR *Assorted WG Cold
 Cereal w/WG Toast

Fruit and Milk

*Breakfast Pizza on WG Crust¹²
 OR *Assorted WG Cold
 Cereal w/WG Toast

Fruit and Milk

Sausage Patty on a WG¹³
 Biscuit OR *Assorted WG
 Cold Cereal w/WG Toast

Fruit and Milk

Eggs & Cheese Tacos OR¹⁴
 *Assorted WG Cold Cereal
 w/WG Toast

Fruit and Milk

*WG French Toast Sticks¹⁵
 Sausage Patty OR *Assorted
 WG Cold Cereal /WG Toast

Fruit and Milk

*Bad Weather Day*¹⁸

*Breakfast Pizza on WG Crust¹⁹
 OR *Assorted WG Cold
 Cereal w/WG Toast

Fruit and Milk

Sausage Patty on a WG²⁰
 Biscuit OR *Assorted WG
 Cold Cereal w/WG Toast

Fruit and Milk

Eggs & Cheese Tacos OR²¹
 *Assorted WG Cold Cereal
 w/WG Toast

Fruit and Milk

*WG French Toast Sticks²²
 Sausage Patty OR *Assorted
 WG Cold Cereal /WG Toast

Fruit and Milk

*WG Pancakes Sausage Patty²⁵
 OR *Assorted WG Cold
 Cereal w/WG Toast

Fruit and Milk

*Breakfast Pizza on WG Crust²⁶
 OR *Assorted WG Cold
 Cereal w/WG Toast

Fruit and Milk

Sausage Patty on a WG²⁷
 Biscuit OR *Assorted WG
 Cold Cereal w/WG Toast

Fruit and Milk

Eggs & Cheese Tacos OR²⁸
 *Assorted WG Cold Cereal
 w/WG Toast

Fruit and Milk



Eating a daily breakfast helps to activate a child's brain in a way that increases their learning capabilities, leading to improved long-term brain power.