

# Boerne ISD SCHOOL HEALTH ADVISORY COUNCIL

December 9, 2019

4:30-5:30

SHACs provide solutions to school health issues

*Call to order:* Dr. Wampler, SHAC Chair

*Welcome and Introductions:* Dr. David Wampler

*Vote on length of time to be on the committee:* Dr. Wampler, SHAC Chair

*Election of Secretary:* Dr. Wampler, SHAC Chair

*New Legislation:*

**Senate Bill 11** – Lesa Pritchard, Safe & Healthy Schools committee chair

The SHAC is charged with recommending strategies and policies to increase parental awareness regarding risky behaviors and early warning signs of suicide risks and behavioral health concerns, including mental health disorders and substance use disorders, as well as available community programs and services to address these concerns.

Expected outcome: committee to meet before the next SHAC meeting on 2/9

**House Bill 18** - Stan Leech, Classroom Health & Human Sexuality Instruction committee chair

**SHAC Duties: HB 18 bill calls for**

1. the integration of physical and mental health in the health curriculum
2. awareness about e-cigarettes to all substance abuse in the health curriculum
3. must have a statement of the policies and procedures adopted to promote the physical health and mental health of students

Expected outcome: committee to meet before the next SHAC meeting on 2/9

*Adjourn Thank you for coming!*

Next SHAC meetings: 2/9/20, 4/6/20

***Mission statement:*** *The mission of the Boerne ISD School Health Advisory Council is to advocate health and wellness in the Boerne community.*

**Healthier students make better learners**

SHAC Meeting

12-9-19

Break-Out Session

Nutrition/Food Services

Meeting Notes

- 1) Annual Review of Food Allergy Management Plan
  - a. Have an allergy awareness day at the beginning of the year for all schools.
  - b. Review policy regarding the care of students with a diagnosed food allergy at risk for anaphylaxis to ensure consistency with the most current version of the State Health Services Commission's Guidelines for the care of Students with Food Allergies At-Risk for Anaphylaxis.
  - c. The district will post required information from TEA on the website to include a summary of the most current guidelines to be revised by TEA annually.
  
- 2) Announced new app for School Lunch Menus. Still a work in progress to work out glitches before broadcast on website.
  - a. Discussion on how to "advertise" announcement:
  - b. Principal's e-mail->Newsletter->Weekly Bulletin->PTO Newsletter
  - c. Flashy notice on website
  
- 3) Will be working implementing Share Tables and Food Pantry at all campuses.
  - a. Pilot Program for Share Tables and Food Pantry implemented at Fabra Elementary in the 2018-2019 school year following the Salud America program where you partner with a non-profit organization. We partnered with Fabra PTO. The Fabra PTO representative did mention it was getting costly to provide snacks in their pantry as donations had been reduced. She also mentioned there was nothing left on the Share Table at the end of the lunch period, the students that were still hungry at lunch time, would take the food on the Share Table.
  - b. Discussion began on Food Drives and how could food be provided for students in need.
  
- 4) There was also discussion on Salad Bars: how many does the district have? Student suggested to serve more fresh fruits and vegetables.

Time ran out before we could discuss Nutrition Guidelines.

Breakout session ended and we all returned to report to SHAC Committee.