

Boerne ISD SCHOOL HEALTH ADVISORY COUNCIL

February 10, 2020

4:30-5:30

SHACs provide solutions to school health issues

Call to order: Dr. Wampler, SHAC Chair

Welcome and Introductions: Dr. David Wampler

Committee updates:

- **Safe & Healthy Schools** Committee update: Lesa Pritchard, committee chair
- **Elementary Physical Ed, Physical Activity and Health Ed** Committee update: Stan Leech, committee chair
- **Nutrition and Food Services** Committee update: Cheryl Rayburg, committee chair
- **Secondary Classroom Health & Human Sexuality Instruction** committee update: Janet Briggs, committee chair
- **Faculty/Staff Wellness** committee update: Carole Gish, committee chair

Break into committees for discussions

Adjourn Thank you for coming!

Next SHAC meeting: 4/6/20

Mission statement: *The mission of the Boerne ISD School Health Advisory Council is to advocate health and wellness in the Boerne community.*

Healthier students make better learners

BOERNE ISD SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

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4:30-5:30pm

I. Call to order: Dr. Wampler, SHAC Chair

II. Welcome and Introductions: Dr. David Wampler

III. Committee updates:

Safe & Healthy Schools: Lesa Pritchard, Chair

No one attended this meeting, so no update.

Elementary Physical Ed, Physical Activity and Health Ed: Stan Leech, Chair

Request/Idea: More activity, but there is a concern for safety due to #s.

Request: Need a BISD pool. The city pool is not working well

Idea: Field days, more of them and possibly between schools.

Nutrition and Food Services Committee update: Cheryl Rayburg, Chair

Update: School Cafe App - pilot at this point (rolled out to Cheryl's department)

- Includes menus, ingredients, allergens and more

- Targeted for general release the next school year

Recommendation: Food allergy awareness

- needs to move to the middle school, maybe during Circle Time (Voss weekly activity), Soar Day or Health Education? Need to better understand schedules.

- Be a Pal and Middle School Program Day targeted for Sept. 25th.

- Food Allergy signs. Needs to be standard, color and recognizable.

Secondary Classroom Health & Human Sexuality Instruction: Janet Briggs, Chair

Concern: Ways to increase parental support of vaccinations through awareness and education. No specific actions, but an area of concern and area to explore.

Concern: the number of parents sending ill children to school. Maybe the attendance policy for rewarding good attendance should be re-evaluated?

Discussion: Better understanding the reason behind opting out of the "Worth the Wait" program. Maybe Carole calls those parents to better understand their reasoning.

Faculty/Staff Wellness: Carole Gish, Chair

Update: Each campus nurse is responsible for their own program.

Update: Many different programs implemented like The Biggest Loser, so new ideas are welcome. One new idea, "Step Bet"

IV. Committees Breakouts

V. Adjourn

VI. Next SHAC meeting: 4/6/20

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