

SHAC Minutes

August 30, 2010

4:30-5:30 p.m.

Central Office Board Room

Members Attending: Tracy Biediger, Marie Brown, Jane Bujnoch, Lynn Bullard, Bridget Cobb, Angela Fielder, Wendy Hartson, Dona Henslee, Emily Herbst, Kathy Johnson, Sandi Killo, Elizabeth Moreno, Sandra Radtke, Cheryl Rayburg, Lesa Sowell, Melissa Stangle, Sharon von Rosenberg, Griz Adams (special guest) and Dr. David Fuentes (special guest).

Proceedings

The meeting was called to order by Tracy Biediger. New members and guest were welcomed and introduced to the committee.

- Membership Recruitment and Application: "Parent and Community Member Application" forms were given to members to help encourage new membership with openings at the following campuses: FORES, KES, BMSN, and CHS.
- Sub-Committee Goals: Each subcommittee will sign up to share in the planning process of future meetings.
- The following meetings are set for the year: October 4th, December 6th, February 7th, April 4th, and May 2nd.
- Dr. Biediger shared the PowerPoint that was shared with the BISD Board of Trustees on August 16, 2010.

Boerne Middle School North "Meal Deal" Pilot

Cheryl Rayburg shared menus with the committee and reported that the pilot program is going very well. Five choices are offered to students on a two-week rotation. Students seem very excited about the choices, as many of the food items are homemade. Free and Reduced numbers have increased because all four serving lines are able to process students in less than nine minutes. Cheryl reported that the main challenge is having enough personnel to serve in all four lines.

Camp Wheez Presentation, Mr. Craig "Griz" Adams and Dr. David Fuentes

Sandra Radtke introduced special guests. Camp Wheez is a program from Santa Barbara County and would like to see BISD host a camp in the summer that is similar for students entering grades 3-6. The goal of the camp is to proactively educate students and reduce asthma flare-ups. The program is designed as a 4-day, ½ day schedule consisting of different topics each day and time for students to learn proper uses of inhalers, recreation time, and craft time. If there is enough interest, Griz Adams can look at working with Phadia to provide an educational grant to cover first year program development and coordinator costs. Griz proposes that we work with the Phadia advertising agency to mass produce and distribute "Program in a Box" that can be shared with other districts across the United States. Handouts were shared with the committee for consideration.

Summary of SHAC Sub-Committee Reports

Drugs and Alcohol:

Heather was not present, but the big focus this year will be to organize "Shattered Dreams" for both BHS and CHS around the time Prom is scheduled.

Nutrition:

Sharon von Rosenberg has been working with Bruce Revell and the contractor in charge of the vending machines to adopt some reasonable guidelines for the vending machines. Tracy Biediger has given all PTO Presidents the BISD Nutrition Policy Fact Sheet. Dona Henslee distributed a handout, "Procedures for Students with Severe Food Allergies" which has been shared with all BISD personnel, including bus drivers, and cafeteria workers.

PE and Physical: More to come...

Family and Community:

Jane Bujnoch continues to work on further distribution of “*The Banter*” with new ideas coming in the future. Marie Brown is working with the Hispanic Outreach Group to provide more awareness to promote healthy lifestyles, newsletters, and the like.

Other:

Tracy Biediger shared with the committee the “Awards for Excellence in Texas School Health” program that recognizes and promotes effective school health programs and initiatives that strive to improve the lifelong health of students, staff, and the greater school community. Deadline for submission of applications is October 1, 2010. Award categories and cash prizes will be available.

Next SHAC Meeting is scheduled for October 4th, 4:30 p.m. at BISD Central Office

Respectfully submitted by Sandi Killo, SHAC Secretary