

SHAC Minutes

December 6, 2010

4:30-5:30p.m.

Central Office Board Room

Members Attending: Alison Beam, Tracy Biediger, Marie Brown, Jane Bujnoch, Lynn Bullard, Marie Brown, Bridget Cobb, Deb Gonzalez, Kerry Green, Lauren Griffith, Haley Hargroder, Wendy Hartson, Dona Henslee, Kathy Johnson, Sandi Killo, Elizabeth Moreno, Shannon O'Day, Sandra Radtke, Cheryl Rayburg, Noah Shibley, Roxane Shibley, Melissa Stangle, and Heather Thompson

Proceedings: The meeting was called to order by Tracy Biediger. New members and guest were welcomed and introduced to the committee.

Summary of SHAC Sub-Committee Reports:

***Drugs and Alcohol:** Kathy Johnson discussed the "65% Campaign" that is currently happening at both high schools to promote awareness to teens that 65% of students do not binge drink. This is all part of targeting the "social norms" pressures at high school. Heather Thompson gave an update on the student committee that is investigating options to address prom and issues with alcohol. The committee is coming up with many different strategies that will be considered to discourage students from drinking. In addition, Heather mentioned that the program, "Shattered Dreams", will be held at both high schools on April 7th and 8th (day before prom.)

***Nutrition:** Cheryl Rayburg gave an update on the progress related to student participation in the pilot program at BMSN. Last year at this time, there was 18% participation on reimbursable meals and this year there is an increase of 35%. Cheryl reported that one of her largest challenges is staffing, but having the addition of a substitute floater has helped tremendously with unexpected absences.

***PE and Physical:** Lynn Bullard reported that she is currently working with high school teachers and reviewing Austin ISD's PE curriculum, as BISD may offer optional choices for students in 2011-12. In addition, Lynn has investigated possible sources to purchase equipment for high school PE classes. Currently, the elementary and middle schools have adequate equipment, but the high schools borrow from other areas and have equipment needs. Jane Bujnoch commented that at the elementary schools, teachers put up a "wish list" at the beginning of the year and could possibly include PE equipment needs. In addition, this committee is looking at possible community business partners to help.

***Family and Community:** Jane Bujoch circulated the most current "Monthly Bantor" to committee members and shared a recent article from *The Boerne Star* highlighting the BISD SHAC Committee.

Kendall County Public Health Statistics Update: Marie Brown presented a PowerPoint presentation to members summarizing *Health Facts in Kendall County* based on reported illnesses from the Texas Department of State Health Services records.

Fair Oaks Ranch Elementary School Fitness Fundraiser Summary: Lauren Griffith reported on the success of the October Fitness Day at Fair Oaks Ranch Elementary. In an effort to shift from the traditional fundraising events, e.g. cookie dough and wrapping sales, the Fair Oaks Ranch PTO decided to focus on fitness and education for the students as the 2010-11 priority. On October 15th, students participated in a full day of fitness events donated from local community businesses and parents. Students rotated through different stations of indoor and outdoor events including gymnastics, karate, speed and agility, and guest speakers. FOERS PTO asked for parents, friends, and other family members to sponsor a child with donations earmarked for campus technology improvements. FORES PTO raised over \$20,000 and students had a great fun-filled educational day geared towards fitness and awareness of a healthy lifestyle. In addition, there was great parent and area business involvement at the school.

Future Planning: Our next meeting planned will be on February 7th with the Drug & Alcohol Subcommittee co-chairing the meeting.

Respectfully submitted by Sandi Killo, SHAC Secretary

