

SHAC Minutes

February 7, 2011

4:30-5:30p.m.

Central Office Board Room

Members Attending: Allison Beam, Tracy Biediger, Lynn Bullard, Marie Brown, Bridget Cobb, Angela Fielder, Kerry Green, Lauren Griffith, Haley Hargroder, Wendy Hartson, Dona Henslee, Sandi Killo, Elizabeth Moreno, Shannon O'Day, Cheryl Rayburg, Kathy Johnson, Sandra Radtke, Noah Shibley, Roxane Shibley, Lesa Sowell, Heather Thompson, and Sharon von Rosenberg Angela Fielder

Proceedings: The meeting was called to order by Tracy Biediger. New members and guest were welcomed and introduced to the committee.

The **Drug and Alcohol Committee** led the meeting and reported on current initiatives at all BISD campuses, with a focus on drug and alcohol awareness at both high schools. Heather Thomas showed a video and discussed the Shattered Dreams event that will be held at BHS on April 7th, two days before Prom. This event is scheduled every two years and involves the entire community, including EMS and other local organizations. This year, Champion High School students will go to BHS to participate in a mock accident and then a mock memorial later in the day. Other events will involve guest speakers for students with a Parent/Student retreat planned with an emphasis on letting students know how much parents care about them. Student Council will make a public statement to their peers that they do not support drinking and driving. Heather reports that much time and effort is required for this event, and the impact that it has on students and parents is very real and intense.

Kathy Johnson and Shannon O'Day reported on student leadership initiatives happening at both high schools. H.E.R.O.S. and C.A.M.P. programs help students develop good leadership skills and the "65 Campaign" emphasizes the message to the student body that "65% of Students Don't Binge Drink". Heather commented on the *Tobacco Free Teen Leadership Summit* being held at Mo Ranch in Hunt, Texas where 15 students will be involved in developing leadership skills and come up with a plan for their school, such as, "Kick Butts Day." In addition, many students will go to Schreiner University to participate in the *Extreme Youth Leadership Summit* where students develop a plan that focuses on drug and alcohol prevention in their school and community. Kathy and Shannon led the group in two games, "Never Have I Ever" and "Stereotype Chat" to give the committee an idea of the types of activities students participate in when they attend these meetings.

Heather gave an overview of her services available in BISD, including her involvement at the Alternative Campus and availability at both high schools one day/week. Heather presents information to students through their Health classes and often uses videos from a great resource, "Natural High.Org."

Elizabeth Moreno gave a report on current campus initiatives that address Anti-bullying/Peer Pressure, Smoking, and Drug/Alcohol issues. Schools are proactively addressing issues through the *Worth the Wait* Curriculum and *Healthy and Wise* program. Hilton Farris gives presentations to students and all schools participate in activities during Red Ribbon week. All campuses have different activities that proactively address character education and anti-bullying issues, such as, EarlyAct FirstKnight programs, "Words of Wisdom" morning announcements, Peer Mediation, Top Dog awards, Internet Safety training, and many more. All campuses utilize community volunteers and offer presentations to students and parents with a common goal of awareness and prevention.

Summary of other SHAC Sub-Committee Reports:

***Nutrition:** Sharon von Rosenberg reported that this committee will be looking to support Cheryl Rayburg as updates on new nutritional guidelines come from the state. Cheryl is hoping to expand the pilot program from BMSN to BMSS in the future. Currently the schools are trying to offer fresh made pizzas at all campuses.

***PE and Physical:** Lynn Bullard reported that they are still working on curriculum.

***Family and Community:** The monthly "Banter" continues to go out to campuses and has been well received.

Future Planning: Our next meeting planned will be on **April 4th** with the PE and Physical Activity committee co-chairing the meeting.

Respectfully submitted by Sandi Killo, SHAC Secretary