

SHAC Minutes

December 5, 2011

4:30-5:30p.m.

Central Office

Members Attending: Lynn Bullard, Angela Fiedler, Kerry Green, Lisa Holland, Dona Henslee, Kathy Johnson, Sandi Killo, Jerry Lamping, Elizabeth Moreno, Sandra Radtke, Cheryl Rayburg, Cali Redd, Lesa Sowell, and Melissa Stangle

Proceedings:

The meeting was called to order by Kerry Green. New members and guest were welcomed and introduced to the committee.

Review of the SHAC Survey: Sandra Radtke gave an overview of the SHAC Survey. Eight committee members responded to the survey. Mrs. Radtke discussed the three main areas, Counseling and Mental Health Services, Healthy and Safe School Environment, and Nutrition Services. Everyone identified strengths and needs looking at individual schools and the district as a whole to help form SHAC goals and priorities for the future:

- **Counseling and Mental Health Services:** The SHAC committee felt that having Heather Thompson in the district was a real strength, especially when students are required to participate in her program when assigned to a mandatory placement for drugs/alcohol at the Alternative School placement. In addition, Hilton Farris, a volunteer that focuses on teaching students bully awareness, is a great support at the elementary level. Champion High School was also commended for their great mentoring program. Overall, the district has many activities at the high school level that proactively address drugs and alcohol abuse, but the committee would like to see more activities and interest at the middle school level. Activities already in place, such as, Rachel's Challenge and Red Ribbon Week could be expanded.
- **Nutrition/Nutritional Services:** The SHAC Committee recognized the success of Cheryl Rayburg and the pilot program that she started at BMSN in 2010-12 and expanded to BMSS this year. In addition, Cheryl has sent many food managers to special training to become "Certified Food Managers". Cheryl commented that it is a requirement to have at least one "Certified Food Manager" per kitchen, and she is hoping to have more staff go through the training. Ms. Bullard commented that Kendall was just awarded a \$4,000 grant under the "Fuel Up To Play 60" program sponsored by Dairy Farmers and hopes to incorporate new activities into their Health Fair this year. Cibolo Creek Elementary had also had great success with implementation of their salad bar, a result of a grant they received last year. The district is also fortunate to have elementary campus PTO fundraisers connected to their campus wellness team involving walk-a-thons and/or health fairs. Areas for improvement include ensuring that the district's vending machines products are in compliance with state guidelines. Lisa Sowell would also like to see more campuses involved with gardening ideas.
- **Healthy and Safe School Environment:** Jerry Lamping discussed the January 3rd three-hour presentation on indoor air quality and IPM practices intended for campus administrators, counselors, nurses, and head custodial staff. Several guest speakers have been arranged, and Sandra Radtke sent out invitations inviting interested SHAC Committee members.

Presentations: Lynn Bullard gave a presentation and overview of district activities that support health and wellness happening in all of our schools. Kerry Green gave a Powerpoint presentation about the BHS "Biggest Loser" competition and the "Walk Across Texas" program implemented at Curington this year.

The meeting concluded with Sandra Radtke asking committee members to let her know if they had a particular interest in the three sub-committees discussed and if there were any specific presentations for the next SHAC meeting scheduled on **February 6, 2012.**